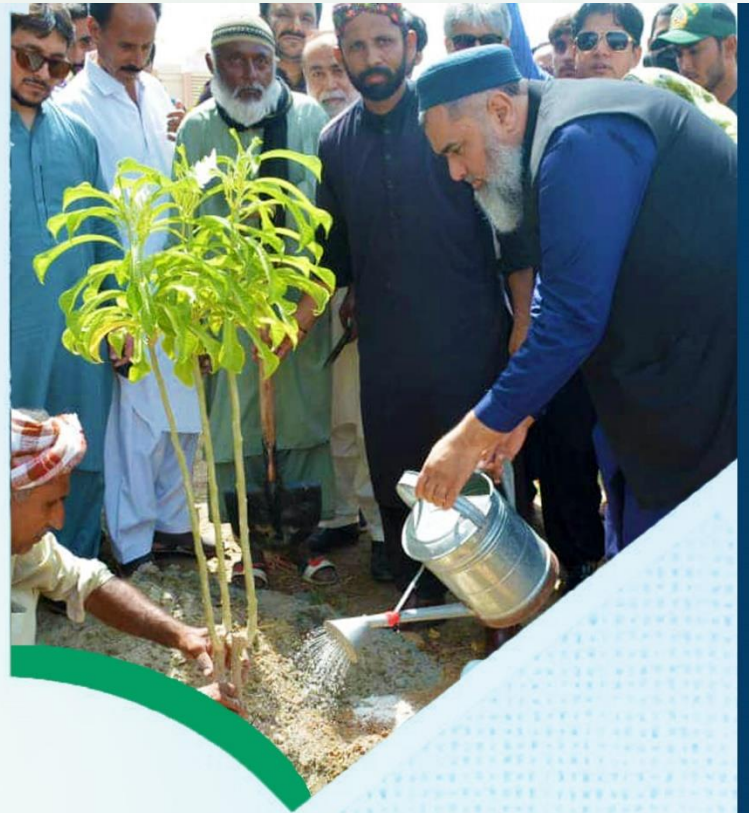




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OVERALL REPORT

SDG-14 Life below water



Sustainability Report

2024



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**Liaquat university of medical and health faculty participated in Field Visit
to Coastal Area of Sindh for Community-Based Disaster Risk Reduction
(DRR) Observation**

Date: 28th April 2024

Venue: Keti Bandar, Coastal Area of Sindh

Organizers/Collaborators:

Department of Social Work, University of Sindh, Jamshoro

Department of Community Medicine Liaquat University of Medical and Health sciences,
Jamshoro

In collaboration with WWF Pakistan – Keti Bandar Field Office a **Regional Non-Government Organization - NGOs**

Objectives of the Activity:

- To enable students to observe real-world disaster risk reduction (DRR) practices.
- To understand community-based approaches to climate resilience and adaptation.
- To explore the role of NGOs in promoting sustainable livelihoods and environmental protection.
- To bridge theoretical learning with field-based experiences in DRR and sustainability.

During the visit, students explored the DRR Centre, crab fattening pond, mangrove nursery, and interacted with a Community-Based Organization (CBO) “Seengar”, gaining valuable insights into local participation and resilience-building measures.

Outcomes & Achievements:

- Enhanced student understanding of disaster risk reduction and climate resilience.
- Strengthened linkages between classroom learning and community-level practices.
- Exposure to sustainable livelihood initiatives and ecosystem-based DRR approaches.
- Recognition of WWF Pakistan’s efforts in conservation and community empowerment.

Alignment with Sustainable Development Goals (SDGs):

This activity supports multiple SDGs, including:

- SDG 13: Climate Action



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- SDG 14: Life Below Water
- SDG 15: Life on Land
- SDG 11: Sustainable Cities and Communities
- SDG 17: Partnerships for the Goals

The visit demonstrated how integrated conservation and community-based adaptation contribute to achieving global sustainability goals.





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International Volunteer Day 2024 celebrated with collaboration of Activity with School Children

Organized by Archroma (NGO) Jamshoro in Collaboration with the Department of Community Medicine, Liaquat University of Medical and Health Sciences (LUMHS)

Volunteers from Archroma, LUMHS, Primary School Jamshoro, and the Sindh Environmental Protection Agency (EPA- a NON-Government organization), joined hands in a series of impactful community-driven activities. These included a plantation drive and a clean-up campaign at the Indus River Bay, Al-Manzar, aimed at promoting environmental sustainability, public health, and civic responsibility among the younger generation. This will make clean water for species in water.

The Department of Community Medicine, Liaquat University of Medical and Health Sciences (LUMHS), actively participated in the observance of International Volunteer Day 2024, organized by Archroma Jamshoro. The event aimed to celebrate the spirit of volunteerism and emphasize the role of collective community action in achieving the United Nations Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being) and SDG 6 (Clean Water and Sanitation), SDG 14 and SDG 17 partnership for goals

Community-Based Activities

Through active participation, schoolchildren and volunteers learned the value of protecting natural resources and maintaining clean surroundings, reinforcing the concept of sustainable living through experiential learning.

Awareness and Talk Session

The event also featured an **interactive talk session** led by **Dr. Gulzar Usman, Mr. Abdul Salam, and Mr. Sajid Ahmed Junejo**, who spoke about the global theme of International Volunteer Day and the transformative power of volunteerism. The speakers highlighted how volunteer-driven initiatives contribute to healthier communities, environmental preservation, and social cohesion.

Participants and Institutional Collaboration

The program brought together a diverse group of participants, including **Archroma employees and staff, LUMHS MPH students, teachers, and representatives from the Sindh EPA**, reflecting strong institutional partnerships and cross-sectoral collaboration.

A representative from **Archroma Industries** expressed gratitude to all participants, stating:



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“International Volunteer Day is a celebration of the power of volunteerism and community spirit. We are proud to have partnered with such dedicated organizations and individuals to promote the SDGs and look forward to continuing our joint efforts towards a more sustainable future.”

Conclusion

The event successfully underscored the importance of volunteerism as a catalyst for positive social and environmental change. It served as a reminder of the collective responsibility we share in preserving the environment, fostering public health, and advancing the global sustainability agenda through volunteer action.





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International
VOLUNTEER DAY
5 December

PLANT TREES SAVE ENVIRONMENT





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